# Zucchini's Restaurant Allergen Book

Menu Items listed with ingredients and allergens Last updated March 2018

PLEASE NOTE THAT ALL 14 ALLERGENS MAY BE OPENLY USED IN OUR KITCHENS AND BAR. TRACE AMOUNTS MAY BE PRESENT AT ALL STAGES OF STORAGE, PREPARATION AND SERVICE.

- 3% of adults in Ireland have food allergies and/or intolerances, 5% of children.
- The most commonly known allergies and intolerances are gluten (a mixture of two proteins present in cereal grains, especially wheat, which is responsible for the elastic texture of dough.), nuts (tee hee, nuts) and soya.
- While people can react to different foods in different ways, EU legislation has classified 14 major food allergens, all of which, under food safety legislation, are required to be clearly labelled. These are:

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

- We have tried our best to label our menu accordingly without having it look like a target at a paint ball course.
- If you see something on the menu that might have an ingredient that would disagree with you, but you really want that dish just ask us.
- If your server isn't 100% sure, they'll just ask the chef and it's as simple as that.
- If a dish can be modified to suit an allergy, it is something we will always do.
- We're fortunate enough to always be busy, but that doesn't mean we're busy enough to stop you enjoying the dishes you want from our menu.
- If you have a food allergy or intolerance, please don't hesitate to let us know. It helps us make your experience as best as we can, and it stops us hearing about it later through feedback or review.

Please remember that a preference for not wanting a certain ingredient in a dish is not the same as an allergy.

We take food intolerances and allergies very seriously, as it's a matter of real life and death.

We endeavour to make the experience we offer the best for all of our customers, and that includes a safe environment with peace of mind.

# **STARTERS**

#### **TEMPURA PRAWNS**

Prawns, Batter (Cornflour), Bread, Tomatoes, Lemon, Pesto (Nuts, Cheese, Olive Oil, Seasoning, Basil)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **GOLDEN FRIED BRIE (Pasteurised)**

Brie, Breadcrumbs, Flour, Eggs, Milk, Walnuts, Sugar, Mango, Mixed Leaves, Lemon and Lime, Balsamic Vinegar, Red Onions

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **SHREDDED DUCK**

Duck Leg Meat (Herbs, Orange, Seasoning), Spring Onions, Cucumber, Hoi Sin Sauce, Pancakes (Wheat and Soya)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **BLACK PUDDING**

Clonakilty Black Pudding (Beef, Oatmeal, Spices, Seasoning), Bread, Blue Cheese, Red Onions, Mayonnaise, Mixed Leaves, Tomatoes

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Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **FISH CAKES**

Salmon, Cod, Prawns, Breadcrumbs, Flour, Egg, Milk, Mayonnaise, Balsamic dressing, mixed leaves, Tomatoes, Red Onions

	Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
N	<b>Aolluscs</b>	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **GOAT'S CHEESE (Pasteurised)**

Goat's Cheese (unpasteurised) pistachio nuts, tomatoes, sour dough bread, red onions, spring roll sheets (gluten), Pine nuts, Chives, Honey, Truffle Oil

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **CAESAR SALAD**

Caesar Dressing (Mayonnaise, anchovies, sugar, salt, pepper, lemon juice) Garlic Croutons, Crispy Bacon, Parmesan (pasteurised?) Baby gem lettuce, Red onions, Tomatoes

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **CHICKEN WINGS**

Free range chicken wings, Sweet Chilli Sauce, Louisiana sauce, Blue Cheese, Mayonnaise, Mixed Leaves

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **POTATO SKINS**

Potatoes, Knockanore smoked cheese (pasteurised), Bacon, Sour Cream, Chives, Mixed Leaves, Tomatoes, Onions

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **GARLIC MUSHROOMS**

Button Mushrooms, Breadcrumbs, Flour, Eggs, Milk, Garlic Mayonnaise, Mixed Leaves

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# SOUP OF THE DAY Vegetable (Served with bread, gluten free option available)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard



# **MAIN COURSES**

#### **THAI CHICKEN**

Chicken breast, Garlic, Chilli, Soy, Peppers (mixed), Onions, Spring Onions, Pak Choi, Parsley, Seasoning, . Chips (Gluten present), Basmati Rice

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **CAJUN BEEF STRIPS**

Fillet Beef, Chilli, Garlic, Spring Onions, Cajun Spices, Mixed Peppers, Onions, Spring Onions, Flour Tortillas, Dips (Sour Cream, Guacamole, Cheddar Cheese, Salsa), Mixed Leaves, Tomatoes, Mayonnaise

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **MEXICAN CHICKEN FAJITAS**

Chicken Breast, Tomato Sauce, Chillies, Garlic, Onions, Peppers, Flour Tortillas, Dips (Sour Cream, Guacamole, Cheddar Cheese, Salsa), Mixed Leaves, Tomatoes, Mayonnaise

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **VEGETARIAN FAJITAS**

Mixed Peppers, Red Onions, Spring Onions, Pak Choi, Courgettes, Baby Corn, Button Mushrooms, Tomatoes, Tomato sauce, Chillies, Asparagus, Green Beans, Garlic, Seasoning, Flour Tortillas, Dips (Sour Cream, Guacamole, Cheddar Cheese, Salsa), Mixed Leaves, Tomatoes, Mayonnaise

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **WOK FRIED VEGGIES**

Mixed Peppers, Red Onions, Spring Onions, Pak Choi, Courgettes, Baby Corn, Button Mushrooms, Tomatoes, Tomato sauce, Chillies, Asparagus, Green Beans, Garlic, Seasoning, Sweet Chilli sauce, Oyster Sauce

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **OVEN BAKED SALMON**

Salmon Fillet, Cream, White Wine, Garlic, Carrots, Potatoes, Courgettes, Prawns, Spring Onions, Seasoning

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **COD N CHIPS**

Cod fillet, Beer Batter, Tartare sauce (mayonnaise, gerkins, capers, sugar, seasoning), Pea Puree, Small side salad, Mayonnaise, Chips

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **SEAFOOD BAKE**

Smoked Haddock, Prawns, Salmon, White Wine, Cream, Seasoning, Mash Potato (cream, butter, seasoning)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

FOR INFORMATION ON OUR SPECIALS TONIGHT, ASK YOUR SERVER.

#### **CRISPY BEEF SALAD**

Fillet Beef, Spring Onions, Soy, Chillies, Garlic, Seasoning, Mixed Leaves, Red Onions, Tomatoes, Sun Dried Tomatoes, Pine Nuts, Balsamic Dressing, Radish

	Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Ī	Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **CAJUN CHICKEN SALAD**

Chicken Breast, Cajun Spices, (Mixed Leaves – Tomatoes, Red Onions, Sun Dried Tomatoes, Radish, Balsamic Dressing) (Caesar – Baby Gem leaves, Caesar dressing (Mayonnaise, Anchovies, Garlic, Lemon, Seasoning, Sugar) Parmesan Cheese, Crispy Bacon, Tomatoes, Red Onion, Croutons

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **TIGER PRAWN CAESAR**

Prawns, Seasoning, Garlic, Butter, (Caesar – Baby Gem leaves, Caesar dressing (Mayonnaise, Anchovies, Garlic, Lemon, Seasoning, Sugar) Parmesan Cheese, Crispy Bacon, Tomatoes, Red Onion, Croutons

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### LARGE CAESAR

(Caesar – Baby Gem leaves, Caesar dressing (Mayonnaise, Anchovies, Garlic, Lemon,, Seasoning, Sugar) Parmesan Cheese, Crispy Bacon, Tomatoes, Red Onion, Croutons

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

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#### **SEAFOOD PASTA**

Fresh Egg Pasta, Seabass, Salmon, King Prawns, Crab Claws, Buttered Asparagus, White Wine Cream, Garlic, Seasoning

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **PASTA CARBONARA**

Fresh Egg Pasta, Smoked Pancetta, Button Mushrooms, Onions, Parmesan Cheese, White Wine Cream

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **VEGETARIAN TAGLIATELLE**

Fresh Egg Pasta, Tomato sauce (Tomatoes, Garlic, Seasoning, Sugar, Herbs), Black Olives, Basil, Parmesan, Garlic Bread

Glu	ıten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Mol	luscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **TAGLIATELLE WITH WILTED SPINACH**

Fresh Egg Pasta, White Wine, Cream, Spinach, Garlic, Pine Nuts, Parmesan, Ricotta Cheese, Seasoning

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### HONEY GLAZED PORK BELLY

Pork Belly, Honey, Herbs, Garlic, Seasoning, Bacon, Cabbage, Butter, Sweet Potato, Apple Sauce, Clonakilty Black Pudding

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### Lamb (Depending on dish - ask server for details)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **CHARGRILLED SUPREME**

Chicken Breast, Smoked Pancetta, Button Mushrooms, Onions, Red Wine Jus, Tarragon, Garlic, Green Beans, Celeriac

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **ZUCCHINI'S BURGER**

Minced Beef, Spring Onions, Garlic, Seasoning, Burger Bun, Baby Gem, Mayonnaise, Tomato Relish, Tomatoes, Onions, Cheese, (Bacon Optional)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **All Steaks**

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Garlic Butter**

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

## Pepper Sauce / Mushroom Sauce

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# **SIDE ORDERS**

Side Orders -

Handcut Chips / French Fried Onion Rings / Wilted Spinach and Crispy Shallots / Crispy Garlic Potatoes

(As fried in same oil as other items containing these allergens)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

Green Beans - Whipped Champ - Mashed Potato - Baby Boiled Potatoes - Sauteed Mushrooms - Sauteed Onions - Steamed Vegetables - Cabbage and Bacon Stir Fry

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Mixed Leaf Salad**

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

FOR INFORMATION ON OUR SPECIALS TONIGHT, ASK YOUR SERVER.

# **DESSERTS**

#### **Snickers Parfait**

Eggs, Cream, Sugar, Peanuts, Peanut butter, Chocolate, Caramel, Sugar, Hazelnuts, Biscuit crumb

Gluten	<b>Peanuts</b>	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Apple Crumble**

Flour, Sugar, Butter, Apples (Varying varieties), Eggs, Milk, Cinnamon

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Pavlova**

Egg Whites, Sugar, Cream, Fresh Fruits

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### Fruit Salad

Fresh Fruits (Mix - ask server) (Served with Fresh Cream or Ice Cream as a optional extra)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Sticky Toffee Pudding**

Flour, Eggs, Butter, Dates, Sugar, Cream

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Chocolate Brownie**

Flour, Eggs, Butter, Cocoa, Hazelnuts, Sugar, Milk

Gluten	<b>Peanuts</b>	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Baked Alaska**

Flour, Eggs, Butter, Sugar, ice Cream, mixed fruits

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Lemon Tarte**

Flour, Eggs, Butter, Sugar, Ice Cream, Lemon

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Homemade Ice creams**

Recipe may vary depending on Flavour - Please ask your server

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

FOR INFORMATION ON OUR SPECIALS TONIGHT, ASK YOUR SERVER.

# **KIDS MENU - starters**

#### **CHICKEN WINGS**

Free range chicken wings, Sweet Chilli Sauce, Louisiana sauce, Blue Cheese, Mayonnaise, Mixed Leaves

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Garlic Bread**

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### SOUP OF THE DAY (Served with bread, gluten free option available)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# **KIDS MENU - main courses**

#### **KID'S BEEF BURGER**

Minced Beef, Spring Onions, Garlic, Seasoning, Burger Bun, Baby Gem, Mayonnaise, Tomato Relish, Tomatoes, Onions, Cheese

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluses	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### KID'S SAUSAGES (Served with chips or mashed potatoes)

Sausages (Pork, gluten, soya, spices (possible presence of mustard) and seasoning) Chips (Potatoes, fried in oil containing some allergens - gluten, eggs, lactose) Mashed potatoes (Lactose)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **KID'S MARGHERITA PIZZA**

Pizza dough base with our homemade tomato sauce, grated cheese

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **KID'S TAGLIATELLE BOLOGNESE**

Fresh egg pasta, minced beef, tomato sauce (optional grated parmesan)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **BREADED CHICKEN STRIPS (Served with chips or mashed potatoes)**

Chicken strips (Chicken breast, gluten, and seasoning) Chips (Potatoes, fried in oil containing some allergens - gluten, eggs, lactose) Mashed potatoes (Lactose)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### KID'S SAUSAGES (Served with chips or mashed potatoes)

Sausages (Pork, gluten, soya, spices (possible presence of mustard) and seasoning) Chips (Potatoes, fried in oil containing some allergens - gluten, eggs, lactose) Mashed potatoes (Lactose)

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **COD N CHIPS**

Cod fillet, Batter, Tartare sauce (mayonnaise, gerkins, capers, sugar, seasoning), Chips

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### BABY BOWL (With mashed potatoes and soup OR Jus)

Potatoes - Lactose

Soup - Lactose, Celery, Gluten (In bread - Gluten free option available)

Jus - Celery

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **HEALTHY SIDES**

Baked Beans - Peas - Broccoli - Carrots

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# **KIDS MENU - desserts**

#### **Chocolate Brownie**

Flour, Eggs, Butter, Cocoa, Hazelnuts, Sugar, Milk

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### Homemade Ice creams

Recipe may vary depending on Flavour - Please ask your server

May contain gluten depending on flavour/recipe - ask for details

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### Marshmallows with hot chocolate sauce

Eggs, Cream, Cocoa, Sugar

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# Homemade Ice creams & Jelly

Recipe may vary depending on Flavour - Please ask your server

May contain gluten depending on flavour/recipe - ask for details

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard



COCKTAILS VODKA

Please take note - we have taken the time to list all ingredients that we ourselves use to make cocktails, and the allergens that we are aware of.

For a complete list of allergens for each brand of spirit/liquor/wine/beer/soft drink used please refer to the manufacturer's website(s).

While the brands we use may change from time to time, we will be able to inform you of which brands are in use during your visit - just ask your server

#### **Classic Cosmopolitan**

Absolut Citron Vodka, Cointreau, Fresh Lime Juice, Cranberry Juice

Absolut Vodkas are made from grain, however they maintain that the gluten is removed during the distillation process. We still have it listed as a precaution.

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	<b>Sulphites</b>	Celery	Lupin	Fish	Soya	Mustard

#### **Raspberry Cosmopolitan**

Absolut Citron Vodka, Cointreau, Fresh Lime Juice, Cranberry Juice, Fresh Raspberries

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Appletini**

Absolut Vodka, Sour Apple Liquor, Apple Juice

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Pineapple and Basil Martini**

Absolut Citron Vodka, Fresh Pineapple, Fresh Lime, Fresh Basil

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Moscow Mule**

Smirnoff Vodka, Fresh Lime Juice, Sugar Syrup, Old Jamaica Ginger Beer

Smirnoff vodkas are made from Corn, and are therefore allergen free.

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

COCKTAILS

#### **Perfect Gin and Tonic**

Hendrick's Gin, Fever Tree Tonic Water, Fresh Lime, Fresh Cucumber, Juniper Berries

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Tom Collins**

Gordon's London Gin, Fresh Lemon Juice, Sugar Syrup, Soda Water

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Classic Martini**

Gordon's London Gin, Dry Vermouth, Green Olive, Lemon Zest

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# COCKTAILS RUM

#### **Classic Mojito**

Bacardi White Rum, Cane Sugar, Fresh Lime Juice, Fresh Mint, Soda Water

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Strawberry Daquiri**

Bacardi White Rum, Cane Sugar, Fresh Lime Juice, Strawberries

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### Pina Colada

Bacardi White Rum, Malibu Coconut Flavoured Rum, Fresh Pineapple, Fresh Cream

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# COCKTAILS BRANDY

## **Brandy Sour**

Hennessy Brandy, Angostura Bitters, Fresh Lemon Juice, Sugar Syrup, Soda Water

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# COCKTAILS WHISKEY

#### **Old Fashioned**

Jameson Whiskey, Angostura Bitters, Cane Sugar, Orange Peel

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **Zucchini's Old Fashioned**

Jim Beam Bourbon, Angostura Bitters, Pumpkin Spice Syrup, Orange Peel, Star Anise, Cinnamon

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# **COCKTAILS**

**TEQUILA** 

## **Classic Margarita**

Olmeca Tequila, Cointreau, Fresh Lime Juice, Rock Salt

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

**COCKTAILS** FIZZY

## **Chambord prosecco**

Chambord Black Raspberry Liquor, Prosecco, Homemade Raspberry Sorbet

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# **Kir Royale**

Prosecco, Creme de Cassis

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### Italian 75

Prosecco, Dingle Gin, Fresh Lemon Juice, Sugar Syrup

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# **COCKTAILS**

# **AFTER DINNER**

#### **Espresso Martini**

Absolut Vodka, Kahlua Liquor, Espresso, Vanilla Ice Cream

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

#### **After Eight**

Hennessy Brandy, Fresh Cream, Tia Maria, Creme de Menthe

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# **COCKTAILS**

# **MOCKTAILS**

#### **Zucchini's Lemonade**

Fresh Fruits, Fresh Lemon and Lime Juice, Mint, Soda Water

Gluten	Peanuts	Lactose Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery Lupin	n Fish	Soya	Mustard

## **Single Mojito**

Old Jamaica Ginger Beer, Fresh Lime Juice, Sugar Syrup, Fresh Mint

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

# Strawberry Daquiri

Strawberries, Sugar Syrup, Fresh Lime Juice

Gluten	Peanuts	Lactose	Eggs	Tree Nuts	Sesame	Crustaceans
Molluscs	Sulphites	Celery	Lupin	Fish	Soya	Mustard

